

# BROWN INTERVIEW CHECKLIST

Facilitator initials \_\_\_\_\_ Interviewer \_\_\_\_\_ Observer \_\_\_\_\_ Date \_\_\_\_\_

*For skills on a continuum, faculty may choose to give points anywhere on that continuum, and designate the appropriate score for that skill.*

## I. FLOW OF THE INTERVIEW

### A) Opening

- |  |         |        |    |
|--|---------|--------|----|
| 1) Prepares oneself for interview; puts aside other obligations; focuses attention on pt   | YES ___ | NO ___ |    |
| 2) Greets patient - i.e. Hello, Good Afternoon, etc.   | YES ___ | NO ___ |    |
| a) Verbal greeting   | YES ___ | NO ___ |    |
| b) Shakes hands  | YES ___ | NO ___ |    |
| 3) Introduces self, and role on the health care team.  | YES ___ | NO ___ |    |
| 4) IF APPROPRIATE: Attends to patient's comfort - physical position comfortable, noise and visual distractions minimized.                  | YES ___ | NO ___ | NA |
| 5) IF APPROPRIATE: Minimizes distractions.   | YES ___ | NO ___ | NA |
| 6) IF APPROPRIATE: Asks the patient his/her understanding of the nature of the interview (i.e., teaching exercise, referral, etc.).        | YES ___ | NO ___ | NA |
| 7) Calibration - Assesses the patient's ability to communicate.  | YES ___ | NO ___ |    |
| 8) Invitation to speak - Starts with an open question or statement. (e.g., How can I help you? What problems brought you to the hospital?) | YES ___ | NO ___ |    |
| 9) Allows patient to finish opening statement without interruption   | YES ___ | NO ___ |    |

### B) Exploration of Problems (Information Gathering)

- |  | FULLY EMPLOYS | PARTIALLY EMPLOYS | DOES NOT EMPLOY |    |
|--|---------------|-------------------|-----------------|----|
| 1) Survey - ascertains all major symptoms, concerns, and goals for visit (more appropriate for outpatient visit).                                      | F.....        | P.....            | DN              |    |
| 2) IF APPROPRIATE: Negotiates priorities for problems to be discussed.   | F.....        | P.....            | DN              | NA |
| 3) Asks patient to tell the story of the illness from the beginning until now.   | F.....        | P.....            | DN              |    |
| 4) Focuses using open-to-closed cone: starts w/open question, then "tell me more"/ "what else" until all symptoms elicited; ends w/specific questions. | F.....        | P.....            | DN              |    |
| 5) IF APPROPRIATE: Clarifies patient's unclear statements.   | YES ___       | NO ___            | NA              |    |
| 6) IF APPROPRIATE: Interrupts to redirect.   | F.....        | P.....            | DN              | NA |
| 7) Avoids asking more than one question at a time.   | F.....        | P.....            | DN              |    |

**(Exploration of Problems, Information Gathering, cont.)**

**FULLY EMPLOYS      PARTIALLY EMPLOYS      DOES NOT EMPLOY**

8) Segment Summary - Restates the content and/or feeling about an area of the patient's concern and checks accuracy.      F.....P.....DN

9) Transition - Acknowledges the transition from one area to another.      F.....P.....DN

**C) Closing**

1) Asks patient if he/she has any questions or comments.      YES \_\_\_ NO \_\_\_

2) States appreciation for the patient's efforts in the interview.      YES \_\_\_ NO \_\_\_

3) Shakes hands.      YES \_\_\_ NO \_\_\_

4) IF APPROPRIATE: Makes appropriate follow-up arrangements.      YES \_\_\_ NO \_\_\_ NA

**II. INTERPERSONAL SKILLS**

**A) Facilitation Skills**

1) Eye contact - Appropriate length to enhance patient comfort.      YES \_\_\_ NO \_\_\_

2) Open posture - Arms uncrossed, facing the patient.      F.....P.....DN

3) Head nod, "mm-hm," repeats the patient's last statement, etc.      F.....P.....DN

4) Uses silences to facilitate the patient's expression of thoughts and feelings.      YES \_\_\_ NO \_\_\_

**B) Relationship Skills (Conveying Empathy)**

1) Reflection - Restates the patient's expressed emotion or inquires about emotions.      F.....P.....DN

2) Legitimation - Expresses understandability of the patient's emotions.      YES \_\_\_ NO \_\_\_

3) Respect - Expresses respect for the patient's coping efforts or makes a statement of praise.      YES \_\_\_ NO \_\_\_

4) IF APPROPRIATE: Support - Expresses willingness to be helpful to the patient in addressing his/her concerns.      YES \_\_\_ NO \_\_\_ NA

5) IF APPROPRIATE: Partnership - Expresses willingness to work together with the patient.      YES \_\_\_ NO \_\_\_ NA

### III. PATIENT RESPONSES

- 1) Patient appears engaged in the interview.
- 2) Patient appears comforted and relaxed.
- 3) Patient freely discusses his/her concerns.

Comments:

### OFTEN    SOMETIMES    SELDOM

.....	.....
.....	.....
.....	.....

### IV. KEY CONTENT AREAS (check if discussed)

#### A) History of the Present Illness/Dimensions of Symptoms

1. Characteristics of symptoms
  - a) Onset
  - b) Location
  - c) Radiation
  - d) Quality
  - e) Severity (on a 0 – 10 scale)
  - f) Duration
  - g) Frequency
  - h) Modifying factors
  - i) Associated signs & symptoms
  - j) Past experience(s) with symptoms
2. Context: What was the psychosocial context of the onset of the symptoms?
3. Psychosocial consequences: how have the symptoms affected the patient's life?

#### B) Understanding the Patient's Perspective

1. Meaning of the illness: patient's ideas and concerns about causes \_\_\_\_, diagnosis \_\_\_\_, and implications \_\_\_\_ of the illness?
2. Main concerns – what are the patient's biggest worries?

#### C) Past Medical History

1. Medical
2. Surgical
3. OB/GYN
4. Psychiatric
5. Problems with drugs or alcohol
6. Injuries
7. Health Maintenance
  - Periodic Health Examinations
  - Immunizations
  - Injury Prevention (seat belts, texting/cell phone use while driving, etc.)
8.  Allergies
9.  Medications (including OTC, vitamins, herbals)

#### D) Family History

1. Illnesses in family members/deaths: dates and age at death
  - Parents    Siblings    Children
  - Ask if illnesses like diabetes, HT, heart disease, or cancer run in the family.

#### E) Psychosocial and Behavioral History

1. Living arrangements
  - With whom does the patient live?
  - How are things at home?
2. Support/secondary gains:
  - Are there people the patient can rely on for help?
  - How have family or friends responded to the illness?
3. Significant other?
  - How is that going?
4. Work/Daily activities?
  - satisfaction?
  - occupational risks (chemical, physical, emotional)
5. Exercise: specific physical activity, frequency, and duration?
6. Diet?
7. Substance use:    current?    past?

tobacco	<input type="checkbox"/>	<input type="checkbox"/>
Alcohol	<input type="checkbox"/>	<input type="checkbox"/>
Illicit drugs	<input type="checkbox"/>	<input type="checkbox"/>
8. Financial concerns?
9. Stress?
10. Significant life events: deaths, divorces, etc.?
11. Mood?
  - anxiety?
  - depression?
12. Sexual history/function:
  - currently sexually active?
  - sexual orientation?
  - risk assessment?
  - sexual problems or concerns?
13. Ever any physical or sexual abuse?

#### F) Functional Status (If Appropriate)

- Does the patient's health status interfere with:
1. Taking care of him/herself (e.g. toileting, bathing, dressing)
  2. Daily activities (e.g. working, shopping, house cleaning, cooking)?

### V. GENERAL COMMENTS: Use back of this page if needed.