PROFESSIONALISM ELECTIVE:
THE HEALER’S ART

COURSE INSTRUCTOR: Pamela Duke, MD, Assistant Professor of Medicine, Drexel University College of Medicine

PURPOSE: The Healer’s Art is an elective course developed by Dr Rachel Naomi Remen and taught at over 62 medical schools worldwide. It is designed to encourage medical students to trust the power of listening and presence to heal, formulate a personal and compassionate response to loss, experience the healing power of grief and recognize that who they are is as important in the healing relationship as what they know. We explore the concept of awe and mystery in medicine and the meaning of physician-hood in the development of a personal mission statement.

Read more about the Healer’s Art at http://www.ishiprograms.org/programs/medical-educators-students/

Course Goals: The Healer’s Art course encourages students to:
- Identify, strengthen and cultivate the human dimension of the practice of medicine
- Recognize the commonality of personal concerns among peers and gain support for personal development from peers and faculty
- Accept the universality of loss and pain
- Recognize what who they are is as important to their patients as what they know
- Legitimize openness and dialogue with colleagues in the area of service and calling
- Trust the power of listening to heal and the power of community

Course Objectives:
- Make an active commitment to strengthening and preserving their humanity
- Experience the effects of listening generously and compassionately
- Experience the effects of being listening to generously and compassionately
- Experience the healing relationships with other students
- Experience the tools of self-remembering
- Articulate and strengthen a personal commitment to medicine as their life’s work
- Witness the unity of commitment to service that lies beneath the diversity of expertise and experience
- Experience practicing physician sharing their experience of loss, grief, mystery and awe in practicing medicine

REQUIREMENTS: To receive academic credit for this course, students must attend all sessions, contribute to class discussions, and complete a course evaluation.
**SCHEDULE:** The course is taught over four, 3-hour sessions held 5:30-8:30 PM. All sessions are taught at Queen Lane.

- *Discovering & Nurturing Your Wholeness*  
  *Tuesday, Feb 13*
- *Honoring Loss and Sharing Grief*  
  *Tuesday, Feb 20*
- *Beyond Analysis: Allowing the Awe in Medicine*  
  *Tuesday, Mar 12*
- *The Care of the Soul: Service as a Way of Life*  
  *Tuesday, Mar 19*